

Reagan L. Miller-Chagnon, Ph.D., M.S., MFT-C

Colorado State University, Department of Psychology
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EDUCATION:

Ph.D., Applied Developmental Science Colorado State University, Fort Collins, CO	2023
M.S., Human Development and Family Studies Marriage and Family Therapy Specialization (AAMFT accredited program) Colorado State University, Fort Collins, CO	2021
B.S., Psychology Virginia Polytechnic Institute and State University (Virginia Tech), Blacksburg, VA ○ Minor: Statistics	2016

PROFESSIONAL APPOINTMENTS:

Assistant Professor , Colorado State University, Department of Psychology	2023- Current
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HONORS & AWARDS:

Editor's Choice Article , <i>Journal of Consulting and Clinical Psychology</i> Recognizes top science in the field of Clinical Psychology	2025
George A. Morgan Dissertation Award , Colorado State University (\$1,000)	2022
Professional Development and Supply Award , Colorado State University (\$100)	October 2022
Internal Family Systems (IFS) Institute Training Scholarship (\$900)	October 2022
Prudence M. Kaley Scholarship , Colorado State University (\$2,205)	August 2021-May 2022
Top 8 Finalist, Psych Science in 3 (Psy-in-3), APA 2021 Virtual Conference Awarded to top eight students in Psy-in-3 competition delivering 3-minute presentations	August 2021
College of Health and Human Sciences Graduate Student of the Year	2021
Prudence M. Kaley Scholarship , Colorado State University (\$3,150)	August 2020-May 2021
Mind-Life Contemplative Research Conference Scholarship (\$100)	October 2020
Professional Development and Supply Award , Colorado State University (\$100)	November 2020
Outstanding Research , Virginia Tech Awarded to one undergraduate student in the Department of Psychology	May 2016
Magna Cum Laude , Virginia Tech	May 2016
Dean's List , Virginia Tech	January 2013- May 2016

PEER-REVIEWED PUBLICATIONS:

1. **Miller-Chagnon, R. L.**, Shomaker, L., Prince, M., Haddock, S., Zimmerman, T., Krause, J., Rzonca, A., Lavender, J., Sibinga, E., & Lucas-Thompson, R. G. (2024). The benefits of mindfulness training for momentary mindfulness and emotion regulation: a randomized controlled trial for adolescents exposed to chronic stressors. *Journal of Consulting and Clinical Psychology*, 92(12), 800–813. <https://doi.org/10.1037/ccp0000910>
2. Lucas-Thompson, R.G., Krause, J., Rzonca, A., Moran, M.J., **Miller, R.L.**, Rigsby, B.A., Najman, J.I., Adams, M.S., Haddock, S.A., Zimmerman, T.S., & Shomaker, L.B. (2024). Boosting effects of mindfulness-based intervention with a multi-modal adaptive supplement: A preliminary investigation. *Current Psychology*, 43(38), 29891-29904. <https://doi.org/10.1007/s12144-024-06546-9>
3. Rigsby, B.A., **Miller, R. L.**, Moran, M., Rzonca, A., Najman, J.I., Adams, M., Prince, M. A., & Lucas-Thompson R. G. (in press). Bi-Directional and Time-Lagged Associations between Engagement and Mental Health Symptoms in a Group Mindfulness-Based Mental Health Intervention. *International Journal of Environmental Research and Public Health*, 21(8), 1030. <https://doi.org/10.3390/ijerph21081030>
4. **Miller, R. L.**, Shomaker, L., Prince, M., Haddock, S., Zimmerman, T., Rzonca, A., Krause, J., Lavender, J., Sibinga, E., & Lucas-Thompson, R. G. (2024). Momentary effects of life stressors on mindfulness and emotion regulation difficulties among adolescents exposed to chronic stressors. *Stress & Health*, 40(5), e3414. <https://doi.org/10.1002/smi.3414>
5. Lucas-Thompson, R.G., **Miller, R.L.**, Moran, M., Rzonca, A., Krause, J., Montavon, J., Haddock, S. Zimmerman, T., & Shomaker, L.B. (2024). “Scaling out” a mindfulness-based intervention through a youth mentoring program: Preliminary evidence for feasibility, acceptability, and efficacy. *Mindfulness*, 15, 872-888. <https://doi.org/10.1007/s12671-024-02334-5>
6. Moran, M., **Miller, R.L.**, Rzonca, A., Krause, J. T., Adams, M., Rigsby, B. A., Prince, M. A., & Lucas-Thompson R.G. (2024). Does motivation for practicing mindfulness moderate the effects of mindfulness training in stressed adults? *Counselling and Psychotherapy Research*, 24(3), 1087-1097. <https://doi.org/10.1002/capr.12724>
7. Lucas-Thompson, R.G., Prince, M.A., Rigsby, B.A., Adams, M.S., **Miller, R.L.**, Rzonca, A., Krause, J.T., Moran, M., Piehler, T., Morrell, N., & Shomaker, L.B. (2023). Preliminary Evaluation of Learning to BREATHE PLUS for University Students: Does a Multi-Modal Adaptive Supplement Strengthen Effects of a Mindfulness-Based Intervention?. *Mindfulness*, 1-17. <https://doi.org/10.1007/s12671-023-02229-x>
8. **Miller, R. L.**, Bernstein, R., Sanchez, N., Gutierrez-Colina, A., Ruzicka, E., Bell, C., Johnson, S. A., Shomaker, L. B. & Lucas-Thompson, R. G. (2023) Daily mindfulness, negative affect, and eating behaviors in adolescents at risk for excess weight gain. *International Journal of Eating Disorders*, 1-6. <https://doi.org/10.1002/eat.23981>
9. Lucas-Thompson, R. G., Moran, M., **Miller, R.L.**, Adams, M.A., Seiter, N.S., Rayburn, S., & Prince, M.A. (2023). Does a mindfulness-based intervention strengthen mindfulness-stress buffering effects in adolescence? A preliminary investigation. *Current Psychology*, 1-15. <https://doi.org/10.1007/s12144-023-04520-5>

10. Bernstein, R., Conte, I., Gulley, L., **Miller, R. L.**, Clark, E., Lucas-Thompson, R. L., & Shomaker, L.B. (2023). Bringing attention to friendship: Moderating effects of mindfulness on the interpersonal model of disordered eating in adolescents. *Current Psychology*, 1-11. <https://doi.org/10.1007/s12144-022-03874-6>
11. Smith, A. D., Sanchez, N., Harrison, K., Bourne, C., Clark, E. L., **Miller, R.L.**, Melby, C., Johnson, S.A., Lucas-Thompson, R., & Shomaker, L.B. (2023). Observations of parent-adolescent interactions relate to food parenting practices and adolescent disordered eating in adolescents at risk for adult obesity. *Family Process*, 1-22. <https://doi.org/10.1111/famp.12829>
12. **Miller, R. L.**, Moran, M., Lucas-Thompson, R. G., Sanchez, N., Seiter, N., Rayburn, S., Verros M., Johnson S, Zimmerman, T., Haddock, S., & Shomaker, L. B. (2022). Mental health and health behaviors among college student mentors in a randomized controlled trial interrupted by COVID-19. *Journal of American College Health*, 1-5. Advance online publication. <https://doi.org/10.1080/07448481.2022.2086007>
13. Lucas-Thompson, R. G., Seiter, N. S., **Miller, R. L.**, Rigsby, B., & Crain, T.L. (2021). Inadequate sleep moderates effects of interparental conflict appraisals on adolescent adjustment. *Sleep Health* (8)1, 82-88. <https://doi.org/10.1016/j.sleh.2021.10.012>
14. **Miller, R. L.**, Moran, M., Shomaker, L. B., Seiter, N., Sanchez, N., Verros, M., Rayburn, S., Johnson, S., & Lucas-Thompson, R. (2021). Health effects of COVID-19 for vulnerable adolescents in a randomized controlled trial. *School Psychology*, 36(5), 293–302. <https://doi.org/10.1037/spq0000458>
15. **Miller, R. L.**, Comstock, R. D., Pierpoint, L., Leonard, J., Bajaj, L., & Mistry, R. D. (2021). Facilitators and barriers for parental consent to pediatric emergency research. *Pediatric Research*, 1-7. <https://doi.org/10.1038/s41390-021-01600-9>
16. Jimenez, V., Sanchez, N., Clark, E., **Miller, R. L.**, Casamassima, M., Verros, M., Conte, I., Ruiz-Jaquez, M., Gulley, L. D., Johnson, S. A., Melby, C., Lucas-Thompson, R. G., & Shomaker, L. B. (2021). Associations of adverse childhood experiences with stress physiology and insulin resistance in adolescents at risk for adult obesity. *Developmental Psychobiology*, 63(6), e22127. <https://doi.org/10.1002/dev.22127>
17. Lucas-Thompson, R. G., **Miller, R. L.**, Seiter, N. S., Prince, M.A., Crain C., & Shomaker, L. B. (2021). Within-person variations in mindfulness mediate effects of daily stressors on psychological distress in adolescence. *Psychology and Health*, 1-19. <https://doi.org/10.1080/08870446.2021.1929982>
18. Clark, E., Gulley, L. D., Prince, M. A., Casamassima, M., Sanchez, N., Jimenez, V., Johnson, S. A., **Miller, R. L.**, Conte, I., Kaar, J. L., Simon, S. L., Melby, C., Lucas-Thompson, R. G., & Shomaker, L. B. (2021). The role of mindfulness in associations among depression symptoms, sleep duration, and insulin resistance in adolescents. *Journal of Behavioral Medicine*, 44(5), 694–703. <https://doi.org/10.1007/s10865-021-00225-x>
19. **Miller, R. L.**, Lucas-Thompson, R. G., Sanchez, N., Smith, A. D., Annameier, S. K., Casamassima, M., Verros, M., Melby, C., Johnson, S. A., & Shomaker, L. B. (2021). Effects of a mindfulness-induction on subjective and physiological stress response in adolescents at-risk for adult obesity. *Eating Behaviors*, 40, 101467. <https://doi.org/10.1016/j.eatbeh.2020.101467>

20. Lucas-Thompson, R. G., **Miller, R. L.**, & Seiter, N. S. (2021). Dispositional mindfulness is cross-sectionally predicted by interactions between interparental conflict and parent-child relationships. *Personality and Individual Differences*, 172, 110556. <https://doi.org/10.1016/j.paid.2020.110556>
21. Lucas-Thompson, R. G., Seiter, N. S., **Miller, R. L.**, & Crain, T. L. (2021). Does dispositional mindfulness buffer the links of stressful life experiences with adolescent adjustment and sleep? *Stress and Health*, 37(1), 140–150. <https://doi.org/10.1002/sm.2980>
22. Lucas-Thompson, R. G., **Miller, R. L.**, Seiter, N. S., & Prince, M. A. (2019). Dispositional mindfulness predicts cortisol, cardiovascular, and psychological stress responses in adolescence. *Psychoneuroendocrinology*, 110, 104405. <https://doi.org/10.1016/j.psyneuen.2019.104405>

PUBLICATIONS UNDER REVIEW:

* Denotes role as a co-first author

1. **Miller-Chagnon, R.L.***, Haddock, S. A., Lusasi., P., Mosha, S., & Mushi, T. (2025) The associations of maternal mental health and experiences of domestic violence with childhood stunting outcomes in rural Tanzania. Manuscript submitted for publication.
2. Haddock, S. A., **Miller-Chagnon, R.L.***, Lusasi., P., Mosha, S., & Mushi, T. (2025) A qualitative analysis of community-identified mental health and family relationship problems in rural Tanzania. Manuscript submitted for publication.
3. Moran, M.J., Thompson, T., **Miller-Chagnon, R.L.**, Krause, J., Rigsby, B.A., Rzonca, A., Carreras, C., Nejman, J., Shomaker, L.B., Johnson, S., Lucas-Thompson, R.G. (2024) Mindfulness Training within an Adolescent Mentoring Program: Mixed Methods Investigation of Adaptation, Fidelity, and Acceptability. Manuscript submitted for publication (Revise & Resubmit Requested).
4. **Miller-Chagnon, R.L.**, Krause, J., Moran, M., Haddock, S.A., Zimmerman, T., Zhou, H., & Weiler, L.M., (2024). Environmental and Individual Risk as Moderators of a Site-Based Mentoring Program for Adolescents Exposed to Adversities. Manuscript submitted for publication (Revise & Resubmit Requested).
5. Gutierrez-Colina, A.M., Neiser, A., Bothwell, S., **Miller-Chagnon, R.L.**, Moran, M.J., Shomaker, L.B., Lucas-Thompson, R.G. (2024) Self-Regulation and Behavioral Risk Factors for Obesity in Youth Facing Multiple Adversities. Manuscript submitted for publication.
6. **Miller-Chagnon, R. L.**, Moran, M., Shomaker, L. B., Sanchez, N., Rayburn, S., Seiter, N., Verros, M., Johnson, S., Haddock, S., Zimmerman, T., & Lucas-Thompson, R.G. (2023). COVID-19 moderators of longitudinal changes in mental health among vulnerable adolescents. Manuscript submitted for publication.
7. Maples, A E., Weiler, L. M., Moran, M. J., **Miller-Chagnon, R.L.**, LeBouef, S., Zimmerman, T., & Haddock, S. A. (2023). Does the experience of mentoring youth affect mentors' mental health and wellbeing? Manuscript submitted for publication (Revise & Resubmit Requested).
8. Lucas-Thompson R.G., Plant, B., **Miller-Chagnon, R. L.**, Haddock, S., Weiler, L., Zimmerman, T., & Henry, K. (2023) Unique links between observed mentor-mentee relationship quality and changes

in adjustment after participation in a mentoring program, to journal of child and family studies. Manuscript submitted for publication.

9. Lucas-Thompson, R.G., Krause, J.T., Rzonca, A., Moran, M., **Miller-Chagnon, R.L.**, Rigsby, B.A., Najman, J.I., Haddock, S.A., Zimmerman, T.S., Shomaker, L.B. (2023). Boosting effects of mindfulness-based intervention with a multi-modal adaptive supplement: a preliminary investigation. Manuscript submitted for publication.

PUBLICATIONS IN PREPARATION:

1. **Miller-Chagnon, R.L.**, Prince, M., Haddock, S.A., & Zimmerman, T. Exploring Within and Between Associations of Momentary Mindfulness and Emotion Regulation and the Moderating Effects of Mental Health among Adolescents. Manuscript in preparation.
2. Rzonca, A., Rigsby, B. A., Krause, J., Moran, M., Adams, M., **Miller-Chagnon, R .L.**, & Lucas-Thompson R. G., The relationship between mental health symptoms and attendance in mindfulness based intervention. Manuscript in preparation.

CONFERENCE PRESENTATIONS:

Chaired/organized symposia:

Symposium organizer: Unraveling Affective Dynamics in Youth: Illuminating Paths for Targeted Interventions. 2024 Society for Ambulatory Assessment International Conference, Ann Arbor, MI.

Symposium co-organizer (with Rachel Lucas-Thompson): Advances in Mindfulness-Based Interventions for Adolescents. Society for Research on Adolescence 2022 Biennial Conference, New Orleans, LA.

Paper presentations:

+Denotes mentored undergraduate student | * Denotes role as a presenter/ co-presenter

Miller-Chagnon, R.L., Prince, M., Haddock, S., Zimmerman, T., Lavender, J., Sibinga, E., & (2025, May). *Associations of Momentary Mindfulness and Emotion Regulation and Moderating Effects of Mental Health among Adolescents*. [Accepted paper presentation]. 2025 Society for Research in Child Development, Minneapolis, MN.

Miller, R.L., Shomaker, L.B., Prince, M., Krause, J.T, Rzonca, A., Haddock, S., Zimmerman, T., Lavender, J., Sibinga, E., & Lucas-Thompson, R.G. (2024, June). *An Ecological Momentary Assessment Investigation: Can Adolescents Exposed to Adversities Remain Mindful and Regulated during Moments of Stress?*. [Paper presentation]. 2024 Society for Ambulatory Assessment International Conference, Ann Arbor, MI.

Miller, R.L., Shomaker, L.B., Prince, M., Haddock, S., Zimmerman, T., Lavender, J., Sibinga, E., & Rzonca, A., Krause, J.T, & Lucas-Thompson, R.G. (2024, April). *An Ecological Momentary Assessment Investigation: Can Adolescents Exposed to Adversities Remain Mindful and Regulated during Moments of Stress?*. [Paper presentation]. Society for Research on Adolescence 2024 Annual Meeting, Chicago, IL.

Miller, R.L., Shomaker, L.B., Prince, M., Rzonca, A., Krause, J., Haddock, S., Zimmerman, T., Lavender, J., Sibinga, E., & Lucas-Thompson, R.G. (2023, June). *An Ecological Momentary Assessment Investigation: Can Adolescents Exposed to Adversities Remain Mindful and*

Regulated during Moments of Stress?. [Accepted paper presentation, but unable to attend]. 2023 International Society for Ambulatory Assessment, Amsterdam, NL.

Gutierrez-Colina, A. M., **Miller, R.L.**, Moran, M., Lucas-Thomson, R. G., & Shomaker, L. B. (March, 2023). Self-Regulation and Health Behaviors in a Sample of High-Risk Youth Facing Adversity. In L. Deer (Chair). *Influences on child obesity and obesity-related health behaviors from infancy through adolescence*. [Paper presentation]. Symposium presented at the Society of Research in Child Development Biennial Meeting, Salt Lake, UT.

Lucas-Thompson, R.G., **Miller, R.L.**, Moran, M., Krause, J., Rzonca., A., Zimmerman, T., Haddock, S., & Shomaker, L.B., (2023, February). *Dissemination of a Mindfulness Intervention through a Mentoring Program for High-Risk Adolescents*. [Paper presentation]. 2023 International Society for Contemplative Research Annual Conference, San Diego, CA.

Patrick, S.,⁺ **Miller, R.L.**, Zimmerman, T., Haddock, S.A. & Lucas-Thompson. R.G., (2022, August). *Examining associations between mindfulness, parent-child relationships and mindfulness training among adolescents in a mentoring program*. [Paper presentation]. 2022 Research Experience for Undergraduates (REU) Research Symposium, Fort Collins, CO.

Moran, M., **Miller, R.L.**,^{*} Adams, M.S., Friedman, T., Rayburn, S., Seiter, N.S., Shomaker, L.B., Prince, M.A., & Lucas-Thompson, R.G. (2022, March). *Testing the benefits of incorporating a multi-modal adaptive technological supplement into a mindfulness-based intervention for older adolescents*. [Paper presentation]. 2022 Society for Research on Adolescence Biennial Meeting, New Orleans, LA.

Lucas-Thompson, R.G ., Seiter, N., Rayburn S., & **Miller, R. L.** (2021, April). *Dispositional mindfulness over the course of a mindfulness intervention mediates links between interparental conflict and depressive symptoms*. [Paper presentation]. 2021 Society for Research on Child Development Biennial Virtual Meeting, Online.

Clark, E. L., Gulley, L. D., Prince, M. A., Casamassima, M., Sanchez, N., Jimenez, V., Johnson, S. A., **Miller, R. L.**, Conte, I., Kaar, J. L., Simon, S. L., Melby, C., Lucas-Thompson, R. G., & Shomaker, L. B. (2020, September). *The role of mindfulness in associations among depression symptoms, sleep duration, and insulin resistance in adolescents* [Paper presentation]. 2020 Society for Behavioral Medicine, Online.

Lucas-Thompson, R.G., **Miller, R. L.**, Seiter, N., Crain, T., & Shomaker, L. (2020, March). *Day-to-day variations in mindfulness mediate effects of stressful experiences on perceived stress*. Paper accepted for presentation [conference cancelled]. 2020 Society for Research on Adolescence Biennial Meeting, San Diego, CA.

Prendergast, S., **Miller, R. L.**,^{*} Klinedinst, T., Gerst, K., Wendt, K. (2019, May). *Informing precision prevention using latent class analysis* [Invited paper presentation]. 27th Society for Prevention Research (SPR) Annual Meeting, San Diego, CA.

Coatsworth, J. D., Chapman, D., Weber, A. & **Miller, R.L.** (2019, October). *Engaging communities to address opioid use in communities* [Paper presentation]. 20th Annual Conference of the Engagement Scholarship Conference, Denver, CO

Poster presentations:

+Denotes mentored undergraduate student

Ruzicka, E.B., **Miller, R.**, Moran, M. J., Rzonca, A., Krause, J., Johnson, S. A., Lucas-Thompson, R., and Shomaker, L. B. (2023, November). *Posttraumatic Stress Disorder Symptoms and Health Behaviors in Adolescents Facing Adversity*. Poster session to be presented at The Obesity Society 2023 Annual Meeting, Dallas, TX.

Miller, R. L., Bernstein, R., Sanchez, N., Gutierrez-Colina, A., Ruzicka, E., Bell, C., Johnson, S. A., Shomaker, L. B. & Lucas-Thompson, R. G. (2023, February) *Daily mindfulness, negative affect, and eating behaviors in adolescents at risk for excess weight gain*. [Poster presentation]. 2023 International Society for Contemplative Research Annual Conference, San Diego, CA.

Moran, M.J., Thompson, T., **Miller, R.L.**, Shomaker, L.B., Krause, J.T., Rigsby, B.A., Rzonca, A.J., Lucas-Thompson, R.G. (2023, February). Adapting mindfulness training for delivery within youth mentoring: Acceptability considerations [Poster presentation]. 2023 International Society for Contemplative Research Annual Conference, San Diego, CA.

Moran, M.J., Rzonca, A.J., **Miller, R.L.**, Krause, J.T., Adams, M.S., Rigsby, B.A., Prince, M.A., Lucas-Thompson, R.G. (2023, February). Motivation for practicing mindfulness: Changes with mindfulness training and associations with intervention outcomes [Poster presentation]. 2023 International Society for Contemplative Research Annual Conference, San Diego, CA.

Rigsby, B. A., Moran, M. J., Krause, J. T., Rzonca, A. J., Montavon, J., **Miller, R. L.**, Brandt, L., Nelson, B. K., & Lucas-Thompson, R. G. (2023, April). *Intervention technology: Acceptability and outcomes of a technological supplement to a mindfulness-based intervention among high school students* [Poster presentation]. 2023 Society for Research on Adolescence Annual Conference, San Diego, CA.

Patrick, S.,⁺ **Miller, R.L.**, Zimmerman, T., Haddock, S.A. & Lucas-Thompson. R.G., (2022, August). *Examining associations between mindfulness, parent-child relationships and mindfulness training among adolescents in a mentoring program*. [Poster presentation]. 2022 Research Experience for Undergraduates (REU) Research Symposium, Fort Collins, CO.

Reichelderfer, N.,⁺ **Miller, R. L.**, Shomaker, L. & Lucas-Thompson, R. G., (2022, March). *The role of mindfulness in buffering the effects of covid-19 stress on difficulties with emotional regulation strategies in at-risk adolescents*. [Poster presentation]. 2022 College of Health and Human Science Research Day, Fort Collins, CO.

Miller, R. L., Moran, M., Lucas-Thompson, R. G., Sanchez, N., Seiter, N., Rayburn, S., Verros, M., Johnson, S., & Shomaker L. B. (2021, August). *Addressing the COVID-19 mental health crisis* [Psych science in 3 presentation]. 2021 APA Virtual Conference, Online.

Miller, R. L., Lucas-Thompson, R. G., Sanchez N., Seiter N., Rayburn S., Verros M., Johnson S., Coatsworth J. D., & Shomaker L. B. (2020, November). *Adolescent mindfulness, stress and PTSD symptoms during COVID-19* [Poster presentation]. Mind & Life Contemplative Research Conference, Online.

Jimenez, V., Gulley L., Hilkin, A. M., Conte, I., Verros, M., Clark, E., Casamassima, M., **Miller, R. L.**, Bernstein, R., Pyle, L., Nadeau, K., Kelsey, M.M., & Shomaker, L.B. (2020, June). *Trauma and loss-of-control (LOC) eating relate to elevated type 2 diabetes (T2D) risk in adolescents* [Poster presentation]. American Diabetes Association's Meeting, Chicago, IL.

Miller, R. L., Lucas-Thompson, R. G., Coatsworth, D. J., & Prince, M. (2020, March). *An investigation of mindfulness, regulatory emotional self-efficacy and adolescent psychopathology* [Poster presentation]. 2020 College of Health and Human Science Research Day, Fort Collins, CO.

Miller, R. L., Comstock, D., Pierpoint, L., Bajaj, L., & Mistry, R. (2018, May). *Facilitators and barriers for parental consent to pediatric emergency research* [Poster presentation]. Pediatric Academic Societies Meeting, Toronto, Canada.

Miller, R. L., Booker, J., Dunsmore, J., & Ollendick, T. (2016, May). *Gender-specific effects of parenting stress on maternal socialization behaviors in families seeking treatment for children with oppositional defiant disorder* [Poster presentation]. 28th Annual Convention of the Association for Psychological Science, Chicago, IL.

INVITED TALKS AND LECTURES:

Miller, R. (2023, October). *Marriage and Family Therapy*. Lecture conducted at Colorado State University, Fort Collins, CO.

Hickey, M. & Martin, A. (Hosts). (2022, March 25). **Reagan Miller** talks mental health in teens, mindfulness, and self-compassion (S2 No. 9) [Audio podcast episode]. In *Health and Human Science Matters*. College of Health and Human Science.
<https://open.spotify.com/episode/1D6sug5MKcV5ZZCikCjK0z>

Miller, R. (2021, March). *Mindfulness, stress, and at-risk adolescents* [Lightening Talk]. 2021 College of Health and Human Science's Research Day. Lecture conducted from Colorado State University, Fort Collins, CO.

Miller, R. (2020, February). *Mediation*. In Structural Equation Modeling Course. Lecture conducted at Colorado State University, Fort Collins, CO.

Miller, R., Comstock, D., Pierpoint, L., Bajaj, L. & Mistry, R. (2018, September). *Facilitators and Barriers for Parental Consent to Pediatric Emergency Research*. Lecture conducted from the Pediatric Emergency Care Research Applied Network (PECARN) Research Coordinator Meeting, Denver, CO.

TECHNICAL REPORTS:

McCarty, S.M., Williams, L.B., & **Miller, R.** (2016). *Hayfield High School climate and culture: Understanding student-identified problems and recommending solutions*. Technical Report submitted to Hayfield High School, Alexandria, VA.

McCarty, S.M., Williams, L.B., & **Miller, R.** (2016). *Falls Church High School climate and culture: Understanding student-identified problems and recommending solutions*. Technical Report submitted to Falls Church High School, Falls Church, VA.

Williams, L.B., McCarty, S.M., & **Miller, R.** (2016). *McLean High School climate and culture: Understanding student-identified problems and recommending solutions*. Technical Report submitted to McLean High School, McLean, VA.

Williams, L.B., McCarty, S.M., & **Miller, R.** (2016). *Centreville High School climate and culture: Understanding student-identified problems and recommending solutions*. Technical Report submitted to Centreville High School, Centreville, VA.

GRANT FUNDING:

Current Grant Support:

American Diabetes Association, Center for American Indian and Alaska Native Diabetes Translation Research, Pilot & Feasibility Program, (\$54,742), Exploring Mental Health, Adversity, and Obesity through an Intersectional Lens among AI/AN Adolescents, Role: PI	2024-2026
CSU College of Health and Human Sciences Dean's Doctoral Fellowship, (\$20,000), Mindful Partnering- Developing and Validating an Observational Coding System for a Novel Construct and Testing Associations with Health Outcomes, Role: Faculty Co-Mentor	2024-2025

Completed Grant Support:

Anonymous Private Foundation, (\$30,720), Needs Assessment and Consultation for the Community Mental Wellness Initiative of the Reaching Children's Potential Program in Tanzania, Role: Co-Investigator	2023-2024
National Center for Complementary and Integrative Health, F31AT011642, (\$77,082), Ecological Momentary Assessment of Mechanisms of Change during a Mindfulness-based Intervention for At-risk Adolescents, Role: Student PI	2021-2023
CSU College of Health and Human Sciences Dean's Doctoral Fellowship, (\$20,000), The Investigation of Daily Mindfulness and Emotion Regulation as Therapeutic Mechanisms in a Mindfulness-based Intervention for Adolescent Depression and Metabolic Health, Role: Student PI	2020-2021
Prudence M. Kaley Scholarship, Colorado State University (\$5,355), Role: Awardee	2020-2022

Pending Grant Support:

Colorado Clinical and Translational Sciences Institute (CCTS) Community Engagement Pilot Grant Program (CE-Pilot), Building Community-Academic Partnerships to Enhance Health Equity of Colorado Youth, Role: Academic PI, Status: Submitted Jan 2025.

National Center for Minority Health and Health Disparities, Mentored Patient-Oriented Research Career Development Award (Parent K23), A Pilot and Feasibility Implementation Trial of Trauma-sensitive Yoga to Reduce Health Disparities among Adolescents facing Socio-economic Disadvantage, Role: PI, Status: Resubmitted Nov 2024.

National Institute on Drug Abuse, R01 Research Project Grant, Preventing substance abuse among early adolescents exposed to adverse childhood experiences, Role: Co-Investigator; Status: Submitted Oct 2024.

RESEARCH POSITIONS:

Graduate Research Assistant, Colorado State University, Moving to Mindful/Family Relationships and Development Lab, Adolescent Wellness Lab &

Campus Connections

Professional Research Assistant (PRA)/ Research Coordinator, University of Colorado Denver/ Children's Hospital Colorado, Emergency Medicine 2016- 2018

Undergraduate Research Assistant, Virginia Tech Department of Psychology, Social Development Lab 2015-2016

TEACHING EXPERIENCE:

Primary Instructor:

PSY 610: Counseling and Clinical Pre-Practicum I, Department of Psychology, Colorado State University, Class Size: 5 students Fall 2024

PSY 465: Adolescent Psychology, Department of Psychology, Colorado State University, Class Size: 65 students Spring 2024

PSY 792F: Structural Equation Modeling, Department of Psychology, Colorado State University, Class Size: 10 students Spring 2024

Invited Teaching Assistantships:

Invited Graduate Teaching Assistant, Research Methods I, Colorado State University 2021

Invited Graduate Teaching Assistant, Structural Equation Modeling, Colorado State University 2020

CLINICAL EXPERIENCE & CLINICAL SUPERVISION:

Clinical Supervisor, Psychological Services Center, Colorado State University 2023-2024

Licensed Psychological Counselor- Candidate (LPCC.0021366) 2023-current

Marriage and Family Therapist- Candidate (MFTC.0014332) 2022-current

Invited Assistant Clinical Supervisor, Center for Family and Couples Therapy, Colorado State University 2022

Clinician, Adolescent Wellness Lab, Colorado State University 2020- 2022

Marriage and Family Therapy Intern, Center for Families & Couples Therapy 2020-2021

Lead and Secondary Clinician, Child Trauma and Resilience Assessment Center 2020- 2021

Family Therapist Instructor, Campus Connections (Mentoring Program) 2021

ADMINISTRATIVE ROLES AND PROFESSIONAL SERVICE:

Interim Co-Director of Training, APA-accredited Counseling Psychology Graduate Program, Colorado State University 2024-Current

<i>Multicultural Undergraduate Research, Art, And Leadership Symposium (MURAL) Reviewer</i> , Colorado State University	2024-Current
<i>College of Natural Sciences Scholarship Committee</i> , Colorado State University	2024
<i>Invited Journal Reviewer</i>	2023-Current
<ul style="list-style-type: none"> <i>BMC Complementary Medicine and Therapies, Applied Positive Psychology, Marijuana, Frontiers in Psychiatry, European Journal of Pediatrics, Journal of Clinical Psychology</i> 	
<i>Admissions Committee</i> , Counseling Admissions, Department of Psychology, Colorado State University	2023-2024
<i>Graduate Student Abstract Reviewer</i>	2018- 2023
<ul style="list-style-type: none"> <i>International Journal of Eating Disorders, International Journal of Yoga Therapy, Journal of Alternative and Complementary Medicine, and Journal of Family Psychology</i> 27th Society for Prevention Research (SPR) Annual Meeting "Prevention Science in a Big Data World" 	
<i>Diversity, Equity & Inclusion Committee</i> , Colorado State University	2020- 2021
<i>CHHS Awards Review Committee - Outstanding Teaching, Advising, & Student Awards</i> , Colorado State University	2021
<i>Graduate Student Liaison</i> , Colorado State University	2018- 2019
<i>Coach and Volunteer</i> , Let's Connect	2016
<i>Intern</i> , American Psychological Association, Office of Practice, Research, and Policy	2015
<i>Intern</i> , Women's Resource Center	2014

CERTIFICATIONS AND TRAINING:

- **Internal Family Systems (IFS) Level 1**, 2023
- **Mindfulness-based Stress Reduction (MBSR)**, 2022
- **Gottman Level 1 Certification**, 2020
- **CITI Human Subjects and RCR Trainings**, 2016-Current
- **200-Hour Yoga Teacher Training**, World Peace Yoga School (RYS-200), Rishikesh, India, 2018
- **Trauma Informed Outreach Yoga Training**, Connection Coalition, Denver, CO, 2017
- **Crisis Management Training**, Women's Resource Center, Radford VA, 2014

PROFESSIONAL MEMBERSHIPS:

American Association for Marriage and Family Therapy (professional affiliate)
American Psychological Association (affiliate)
International Society for Contemplative Research (affiliate)
Society for Ambulatory Assessment (affiliate)